



Simple Gestures

Lasting Impressions

In today's busy world, taking a moment to express gratitude to someone not only makes their day better, but yours as well.

Write a note stating specifically why you're grateful.

Surprise them with a special treat.

Help out with a chore you know they don't enjoy.

Brag about their accomplishments to others.

Donate to a nonprofit they support.

Listen without judging or offering advice unless asked.

Happy Thanksgiving! I am grateful for your ongoing friendship and support. If there is anything I can help you with now or in the year ahead, just let me know.